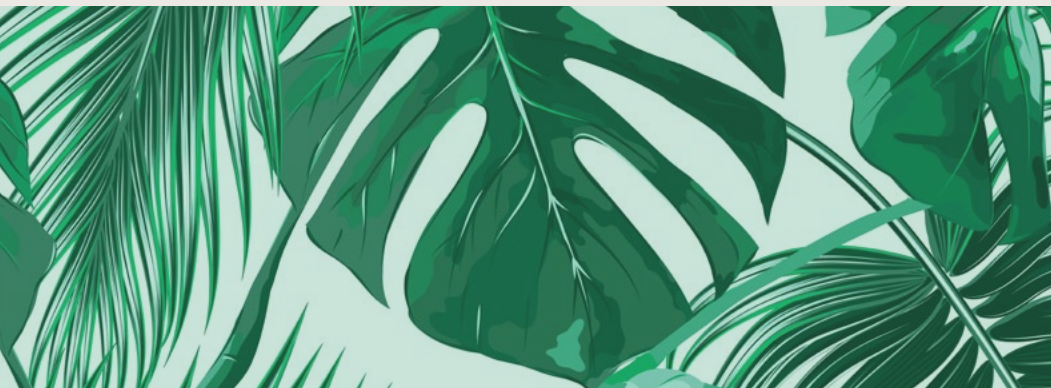




CSpa Wellness

TREATMENT MENU



massage therapy

Back, Neck & Shoulder Massage	60 min	R610
	45 min	R480
	30 min	R360

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R610
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Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R610
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A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R610
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This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R610
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Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R610
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Begin your therapeutic journey with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil.

This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep. THC Free and 100% legal.

Classic Swedish Massage	60 min	R550
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Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	60 min	R610
	30 min	R360

Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R370
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A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R290
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Add Hot Stones (Back Only)	R110
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Add on CBD Oil**	R130
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(may be added to any treatment)

Back Scrub	R120
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Add Bellabaci Cups (Back Only)	R110
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Bellabaci Detox/Slimming Concentrate Oil	R150
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Bellabaci Deep Relax Oil	R150
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Bellabaci Muscle Support Oil	R150
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Bellabaci Revive Oil	R150
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SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R530
	60 min	R670

Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted lipo-sculpting massage.

body treatments

Salt Body Scrub**	30 min	R410
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Hydrating or Detox Wrap**	45 min	R590
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HYDROTHERAPY

CSpa Sensorial Shimmer Milk	30 min	R350
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Hydrobath**		
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Thalgo Îles Pacifique Lagoon Bath**	30 min	R350
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Body Treatments and Hydrotherapy available at The Blyde, Munyaka, Thaba Eco-Village and Royal St. Andrews.



skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment

60 min R1050

Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Fortifying Treatment for Men

30 min R590

Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Fortifying Facial Treatment

60 min R880

Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial

60 min R730

A facial for oily/combo skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial

60 min R700

A revitalizing skin treatment for all skin types. Two treatment options (i.e. Hydrating or Purifying)

Thalgo Purité Marine Purifying Treatment

60 min R700

Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine, with the optional inclusion of extractions.

Thalgo Hydra-Radiance Facial

30 min R470

Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating Facial

60 min R560

This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial

30 min R420

CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add On To Facial

R410

MEDI SPA

Thalgo Peeling Marin Treatment**

30 min R1100

The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Active Peel 25% - 30%

45 min R880

Active Peel 30|30

45 min R970

This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On

15 min R380

Micro-Needling (Face Only)

75 min R1370

Micro-Needling (Face & Neck)

90 min R1640

Micro-Needling (Face, Neck & Décolleté)

120 min R2000

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.	60 min	R450
Luxe Manicure Includes a soak, scrub, cuticle work, full hand massage, mask and paint.	60 min	R400
Gelish Pedicure Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.	60 min	R560
Gelish Manicure Includes soak, scrub, cuticle work, Gelish application, hand massage.	60 min	R510
Gelish Dip Acrylic	45 min	R400
Nail Care & Gel Polish Overlay	45 min	R360
Express Pedicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R250
Express Manicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R250
Revarnish	15 min	R200
Gel Polish Removal	20 min	R120
Mens Nail Grooming	20 min	R195
Pedicure - No Paint	45 min	R350

ACRYLIC NAIL BAR**

Full Cover Soft Gel Tips with Gelish**	R450
Full Cover Soft Gel Tips with Polish**	R400
Natural / Colour Overlay	R400
French Acrylic Overlay	R430
Clear Tips with Overlay	R480
Tips: French/Colour	R300
Acrylic Fill	R260
Nail Art (Stamp / Free Hand) Per Nail**	R75
Nail Art (Sticker) Per Nail	R4
Nail Repair	R60
Artificial Nail Removal	R160
Full Set Acrylic Sculpture**	R530
Buff and Glaze	R180

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay	R430
Overlay	R400
Gel Fill	R370

ADD ONS

Paraffin Dip on Hands or Feet	15 min	R110
Heel Peel Treatment	15 min	R110
Structure Gel / Nail Re-Inforcement Layer		R100
Ombre Add On		R50
Chrome Add On Full Set		R100

beauty treatments

WAXING (EACH*)

Lip / Chin / Brow*	15 min	R110
Underarms / Sides of Face*	20 min	R150
Bikini / Half Arm*	25 min	R220
Brazilian	40 min	R250
Hollywood	45 min	R320
Half Leg / Full Arm/ Half Chest*	30 min	R230
Full Leg	45 min	R380
Back / Chest*	45 min	R390
Full Face	30 min	R240
Lip & Brow Wax Combo	15 min	R180
Ear Wax**	15 min	R110
Nose Wax**	15 min	R110

THREADING**

Lip / Chin / Brow*	R100
Lip + Brow	R140
Mono Brow	R90
Full Face	R230
Brow Thread & Tint Combo	R170
Brow Thread, Brow & Lash Tint Combo	R230

TINTING

Brow Shape & Tint	R160
Tint Lash & Brow	30 min R160
Tint Lashes	20 min R120
Tint Brows	15 min R110

LASH LIFT AND BROW LAMINATION**

Lash Lift & Brow Lamination Combo	R650
Lashlift	R350
Brow Lamination	R350
Add Tint	R90
Add Brow Wax / Shape	R90



packages

The Escape 2hr 30min R1160

60min Thalgo Spa Skin Facial
60min Pedicure
30min Back, Neck & Shoulder Massage

Gents Executive 1hr 30min R740

45min Back Massage
30min Express Pedicure
15min Head Massage

Petite Personalised Journey 1hr 30min R790

Choose any three of the treatments below:

- 30min Pressure Point Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Indian Head Massage
- 30min Express Manicure
- 30min Express Pedicure
- 30min CSpa Aroma Wellness Facial

CBD Wellness Journey 60 min R790

CBD Infused Tea
30min CBD Back Massage
30min CBD Radiance Facial
Includes CBD Booster Drink

Spa Taster 60 min R700

30 min Back, Neck & Shoulder Massage
30 min Thalgo Hydra-Radiance Facial

teen treatments

Cleansing Facial 30 min R340

Back Massage 20 min R210

3/4 Leg Wax 20 min R200

1/2 Leg Wax 20 min R170

Bikini Wax 20 min R140

Underarm Wax 15 min R100

Mini Lip Wax 10 min R70

cspa kids

(under the age of 12)

Candylicious Nails 30 min R220

Hands and Feet, Shape & Paint

Fruity Fun Mani 20 min R190

Happy Feet Pedi 20 min R190

Kool Kids Massage 20 min R210

Back, Neck & Shoulders, Back of Legs and Arms

Little Miss Facial | Little Mister Facial 30 min R370

Tween Petite Package 60 min R660

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Hand Treatment
- 20min Foot Treatment
- 20min Revarnish Hands and Feet

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.

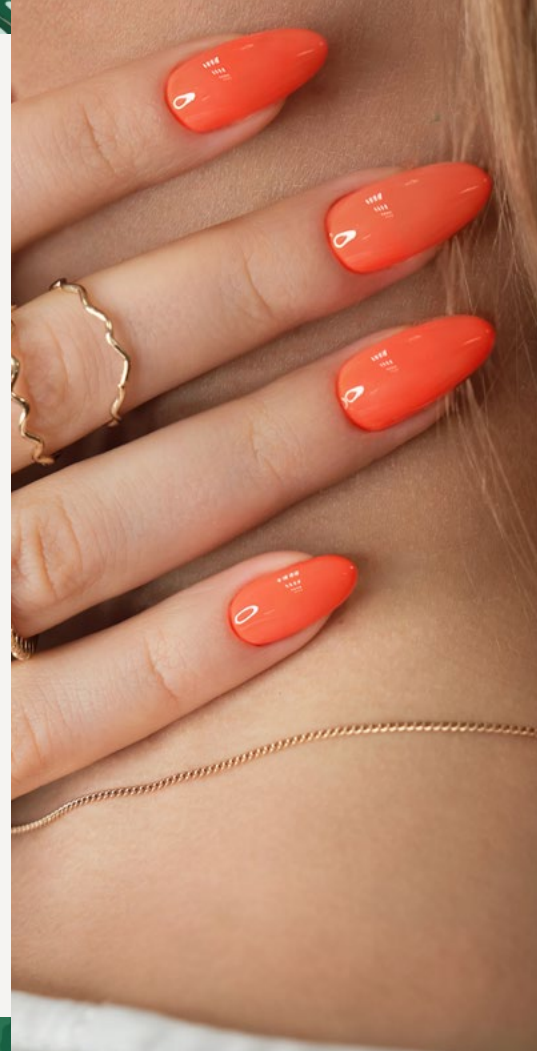
essentials

- Prices are valid for **2025**.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.





branches

Amsterdam

012 942 9563 | 076 631 4309 (WhatsApp)

amsterdam@camelotwellness.co.za

Amsterdam, Corner Jacaranda & Amsterdam Drive,
Olivedale, Johannesburg

The Blyde

010 541 0564 | 066 323 3283 (WhatsApp)

theblyde@camelotwellness.co.za

Bronkhorstspuit Road, Willow Park Manor, Pretoria

Greenstone Ridge

064 625 5059

greenstoneridge@camelotwellness.co.za

Greenstone Ridge, Stoneridge Drive Cnr Emerald
Boulevard, Greenstone Park, Johannesburg

Kikuyu

010 541 0002 | 079 138 2979 (WhatsApp)

kikuyu@camelotwellness.co.za

Cnr of Maxwell Drive and Old Pretoria Road, Waterfall,
Midrand, Johannesburg

Munyaka

010 541 0578 | 072 659 8622 (WhatsApp)

munyaka@camelotwellness.co.za

Mia Drive, Waterval City, Midrand, Johannesburg

The Reid

010 541 0840 | 079 251 4156 (WhatsApp)

reid@camelotwellness.co.za

28 Reid Ave, Linbro Park, Sandton, Johannesburg

Thaba-Eco Village

010 541 2464 | 079 106 8962 (WhatsApp)

thaba@camelotwellness.co.za

Lifestyle Centre, Lower Level, Kliprivier Drive, Rietvlei,
Johannesburg South

The Whisken

010 541 0596 | 076 692 8132 (WhatsApp)

whisken@camelotwellness.co.za

Corner of Whisken and Ethel Road, Kyalami

Ballito Hills Lifestyle Estate

010 541 1760 | 081 701 4359 (WhatsApp)

ballitohills@camelotwellness.co.za

Hills Avenue, Ballito

De Zicht

010 541 0833 | 065 811 1609 (WhatsApp)

dezicht@camelotwellness.co.za

Sylvia St, Richwood, Cape Town

Fynbos Lifestyle Estate

021 541 0386 | 072 074 6734 (WhatsApp)

fynbos@camelotwellness.co.za

282 Tryall Road, Milnerton Rural, Cape Town

The Huntsman

021 541 0027 | 071 232 9747 (WhatsApp)

huntsman@camelotwellness.co.za

Macassar Road, Somerset West, Cape Town

Khoroni Hotel

087 293 4616 | 066 594 9022 (WhatsApp)

khoroni@camelotwellness.co.za

Khoroni Hotel, Mphephu Street, Thohoyandou

Royal St. Andrews Hotel

046 604 5400 Spa Ext. 5419

060 777 6735 (WhatsApp)

spa@rsah.co.za

19 St. Andrews Road, Port Alfred



head office

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